
Subject: Nutritional Eligibility

Effective Date: February 17, 2006

Revised from: October 1, 2005

Policy: An applicant must be determined to be at nutritional risk to be eligible for WIC benefits.

Nutritional risk means:

- Detrimental or abnormal nutritional conditions detectable by biochemical or anthropometric measurements;
- Other documented nutritionally related medical conditions;
- Dietary deficiencies that impair or endanger health;
- Conditions that directly affect the nutritional health of a person, including alcoholism or drug abuse; or
- Conditions that predispose persons to inadequate nutritional patterns or nutritionally related medical conditions, including, but not limited to, homelessness and migrancy.

The Competent Professional Authority (CPA) is the only authorized person to determine nutritional eligibility.

Reference: CFR §246.2

Procedure:

Table A lists the Kansas WIC Program Nutrition Risk Factors and the priority for each risk factor by category. See the Nutrition Risk Factor Manuals (Appendix 3 through 7) for complete definitions for each risk factor.

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Kansas WIC Program Nutrition Risks						
USDA Code	Nutrition Risk	Priority				
		PG	BF	PP	I	C
ANTHROPOMETRIC						
101	Underweight	1	1	3		
103	Underweight (BMI/Age)					3
103	At Risk of Becoming Underweight (BMI/Age)					3
103	Underweight (weight/length)				1	3
103	At Risk of Becoming Underweight (weight/length)				1	3
111	Overweight	1				
111	Overweight, less than six months postpartum		1	6		
111	Overweight, greater than six months postpartum		1			
113	Overweight (BMI/Age)					3
113	Overweight (weight/length)					3
114	At Risk of Becoming Overweight					3
121	Short Stature (standing height)					3
121	At Risk of Short Stature (standing height)					3
121	Short Stature (recumbent length)				1	3
121	At Risk of Short Stature (recumbent length)				1	3
131	Low Maternal Weight Gain	1				
132	Weight Loss During Pregnancy, 1 st Trimester	1				
132	Weight Loss During Pregnancy, 2 nd or 3 rd Trimester	1				
134	Failure to Thrive				1	3
141	Very Low Birth Weight				1	3
141	Low Birth Weight				1	3
142	Prematurity				1	3
BIOCHEMICAL						
201	Low Hematocrit/Hemoglobin, 1 st Trimester	1				
201	Low Hematocrit/Hemoglobin, 2 nd Trimester	1				
201	Low Hematocrit/Hemoglobin, 3 rd Trimester	1				

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Kansas WIC Program Nutrition Risks						
USDA Code	Nutrition Risk	Priority				
		PG	BF	PP	I	C
201	Low Hematocrit/Hemoglobin		1	5	1	3
211	Elevated Blood Lead Levels	1	1	6	1	3
CLINICAL/HEALTH/MEDICAL						
301	Hyperemesis Gravidarum	1				
302	Gestational Diabetes	1				
303	History of Gestational Diabetes	1				
303	Gestational Diabetes during Last Pregnancy		1	6		
311	History of Preterm Delivery	1				
311	Preterm Delivery at Last Delivery		1	5		
312	History of Low Birth Weight	1				
312	Low Birth Weight Infant born at Last Delivery		1	5		
321	History of Fetal or Neonatal Loss	1				
321	Fetal or Neonatal Loss during Last Pregnancy		1	5		
331	Pregnancy at a Young Age	1	1	6		
332	Closely Spaced Pregnancies	1	1	6		
333	High Parity and Young Age	1	1	4		
334	Inadequate Prenatal Care	1				
335	Multifetal Gestation	1	1	6		
337	History of a Large for Gestational Age Infant Birth	1				
337	Large for Gestational Age Infant born at Last Delivery		1	6		
338	Pregnant Woman Currently Breastfeeding	1				
339	History of Birth with Nutrition Related Birth Defect	1				
339	Birth with Nutrition Related Birth Defect at Last Delivery		1	4		
341	Nutrient Deficiency Diseases	1	1	3	1	3
342	Gastro-Intestinal Disorders	1	1	5	1	3
343	Diabetes Mellitus	1	1	3	1	3
344	Thyroid Disorders	1	1	6	1	3

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Kansas WIC Program Nutrition Risks						
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		PG	BF	PP	I	C
345	Hypertension	1	1	6	1	3
345	Pregnancy Induced Hypertension	1	1	6		
346	Renal Disease	1	1	3	1	3
347	Cancer	1	1	3	1	3
348	Central Nervous System Disorders	1	1	5	1	3
349	Genetic and Congenital Disorders	1	1	5	1	3
350	Pyloric Stenosis				1	
351	Inborn Errors of Metabolism	1	1	3	1	3
352	Infectious Diseases	1	1	3	1	3
354	Celiac Disease	1	1	3	1	3
357	Drug Nutrient Interactions	1	1	4	1	3
358	Eating Disorders	1	1	3		
359	Recent Major Surgery, Trauma, Burns	1	1	6	1	3
360	Other Medical Conditions	1	1	5	1	3
362	Disabilities Interfering with the Ability to Eat	1	1	4	1	3
371	Maternal Smoking	1	1			
372	Alcohol and/or Illegal Drug Use	1	1	6		
381	Dental Problems	1	1	5	1	3
382	Fetal Alcohol Syndrome				1	3
DIETARY						
401	Inappropriate Diet	4	4	6		5
411	Inappropriate Infant Feeding Practices				4	
412	Early Introduction of Solid Foods				4	
413	Feeding Cow's Milk During First 12 Months				4	
414	No Dependable Source of Iron for Infants at 6 Months of Age or Later				4	
415	Improper Dilution of Formula				4	
416	Feeding Other Foods Low in Essential Nutrients				4	
417	Lack of Sanitation in Handling of Formula/Breastmilk				4	

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Kansas WIC Program Nutrition Risks						
USDA Code	Nutrition Risk	Priority				
		PG	BF	PP	I	C
418	Infrequent Breastfeeding as Sole Source of Nutrients				4	
419	Inappropriate Use of Bottles				4	5
421	Pica	4	4	6		5
423	Inappropriate Intake of Dietary Supplements	4	4	6	4	5
425	Inappropriate Feeding Practices for Children					5
OTHER RISKS						
501	Possibility of Regression		7	7	7	7
501	Possibility of Regression of Hemoglobin/Hematocrit					3
501	Possibility of Regression of Weight					3
502	Transfer of Certification	1	1	1	1	1
503	Presumptive Eligibility for Pregnant Women	4				
601	Breastfeeding Mother of Priority 1 Infant		1			
601	Breastfeeding Mother of Priority 2 Infant		2			
601	Breastfeeding Mother of Priority 4 Infant		4			
602	Potential Breastfeeding Complications		1			
603	Potential Breastfeeding Complications				1	
701	Infant born to a WIC Eligible Woman				2	
702	Breastfeeding Infant of Priority 1 Woman				1	
702	Breastfeeding Infant of Priority 4 Woman				4	
703	Infant born to a Woman with Mental Retardation				1	
703	Infant born to a Woman who abused Alcohol or Drugs during Most Recent Pregnancy				1	
HOMELESSNESS/MIGRANCY						
801	Homelessness	7	7	7	7	7
802	Migrancy	7	7	7	7	7
OTHER NUTRITIONAL RISKS						
903	Foster Care	7	7	7	7	7